# Cross Border Doctoral Workshop

# Get ready for your career

– tools and strategies –

**Program**

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| * Where? Università degli Studi di Torino (University of Turin)
* When? 19th, 20th and 21st September 2018
* Who? 45/50 PhD students of:
* Université de Lyon (20)
* Universités de Suisse occidentale (8)
* Università di Torino (12)
* Politecnico di Torino ( 8 to 10)
* Languages: English and French
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# Wednesday 19th September 2018

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| **7 a.m.** | Departure from Lyon – La Doua Campus |
| **12 a.m.** – **12.30 a.m.** | Arrival of the participants – check in at the student residence |
| **12.30 a.m.** – **1 p.m.** | Welcome speechIntroducing the doctoral workshop objectives |
| **1 p.m.** – **2 p.m.** | Lunch – buffet |
| **2 p.m.** – **3 p.m.** | Ice breaking games |
| **3 p.m.** – **4.45 p.m.** | How to define and work on your personal and professional development plans?Identify your strengths, professional skills and goals(1st session) |
| **4.45 p.m.** – **5.15 p.m.** | Coffee break |
| **5.15 p.m.** – **7.30 p.m.** | How to define and work on your personal and professional development plans? Identify your strengths, professional skills and goals(2nd session) |
| **7.30 p.m.** | Dinner in Turin  |
| **From 9 p.m.** | Free evening – multicultural activities |

# Thursday 20th September 2018

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| **8.30 a.m.** – **10 a.m.** | Interculturality & employment: Learn local characteristics of labor markets in Auvergne-Rhône-Alpes (France), Piedmont (Italy) and Western Switzerland– workshop in French and English  |
| **10 a.m.** – **10.30 a.m.** | Coffee break |
| **10.30 a.m.** – **12.30 p.m.** | Elevator Pitch – practical application  |
| **12.30 p.m.** – **1.30 p.m.** | Lunch – Buffet |
| **1.30 p.m.** – **3.30 p.m.** | Strategy and tools to understand the professional environment of the employer and to deal with unexpected situations even during the job interview  |
| **3.30 p.m.** – **4 p.m.** | Coffee break |
| **4 p.m.** – **6 p.m.** | 4.0 Job application: How to use professional social Networks to your advantage? |
| **6 p.m.** – **7.30 p.m.** | Practical workshops : |
| Elevator Pitch  | Individual work on the CV and on the online profile | Intercultural communication |
| **From 8 p.m.** | Business dinner with professionals |

# Friday 21st September 2018

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| **8.30 a.m.** – **9.30 a.m.** | Getting ready for the job interview in different cultural contexts |
| **9.30 a.m.** – **9.45 a.m.** | Coffee break |
| **9.45 a.m.** – **10.45 a.m.** | Simulated job interviews with professionals – 1st Group |
| **10.50 a.m.** – **11.50 a.m.** | Simulated job interviews with professionals – 2nd Group  |
| **11.50 a.m.** –  **12.30 a.m.**  | Workshop debrief and concluding remarks  |
| **12.30 a.m.** – **1.30 p.m.** | Lunch – buffet |
| **From 1.30 p.m.** | Departure of the participants |
| **6.30 p.m. – 7 p.m.** | Arrival in Lyon – La Doua Campus |